



MAHSA
UNIVERSITY

BACHELOR OF PHYSIOTHERAPY (HONS)

OPEN & DISTANCE LEARNING
MODE (4 YEARS)

KPT/JPS(N-DL/726/6/0091)(MQA /PA11420)05/26

**FACULTY OF
HEALTH SCIENCES**

"Lack of activity destroys the good condition of every human being, while movement and methodical physical exercise save it and preserve it."

PLATO

Athenian philosopher

PROGRAMME OVERVIEW

Bachelor of Physiotherapy (Hons) through Open Distance Learning (ODL) in MAHSA University is a 4-year undergraduate degree programme that prepares students for a career in healthcare. Physiotherapy helps improve movement and functional ability, maximizing the quality of life through promotion, prevention and rehabilitation of patients with neurological, cardiorespiratory and musculoskeletal disorders.

Students will immerse themselves in the study of applied and functional anatomy; physiology; pathology; exercise therapy; research methodology, clinical reasoning and evidence based clinical practice. They will acquire skills in manual therapy, therapeutic exercise prescription and electrotherapy which are the essential components of physiotherapy management.

The teaching methods include lecture and tutorial sessions which will be through the

e-learning platform. Self-instructional materials will be uploaded to the online forum prior to the lecture or tutorial sessions. Integrative teaching approaches through seminars and case scenario based discussion will be held through online platform. Practical sessions will be conducted through face-to-face teaching where hands-on skills can be demonstrated. For diploma graduates, a maximum of 30% credit transfer is allowed.

When students have completed this programme, they will be qualified to

- rehabilitate patients with reduced mobility due to muscular, neurological, cardiovascular or respiratory disorders;
- assess the physical dysfunction, movement disorders and pain
- formulate an appropriate treatment plans according to the patients' problems;

- reduce pain and discomfort which help to improve patients functional capacity and general wellbeing;
- prescribe exercises and aids
- promote health and wellness

This Bachelor of Physiotherapy (Hons) programme in MAHSA University is the first Physiotherapy programme in Malaysia with an innovative teaching and learning approach through the open distance learning delivery mode.

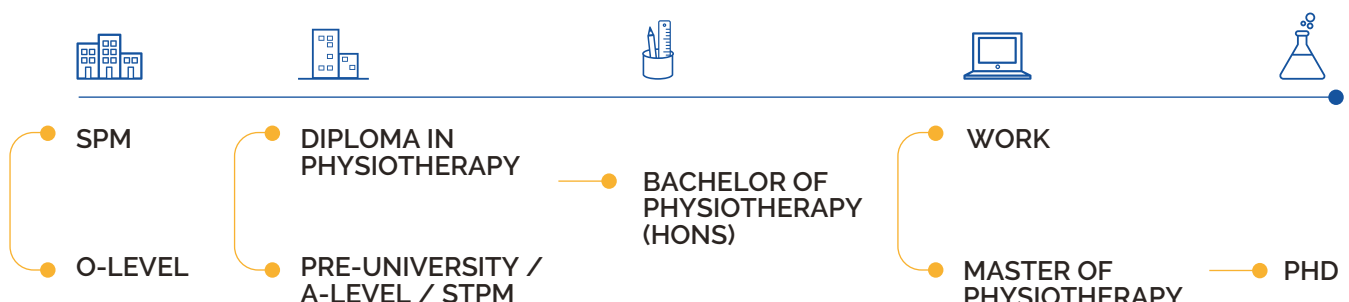
AIMS

The programme aims to develop critical thinking physiotherapists who possess scientific knowledge, skills and appropriate professional attitudes with leadership quality for professional and societal advancement within the national vision.

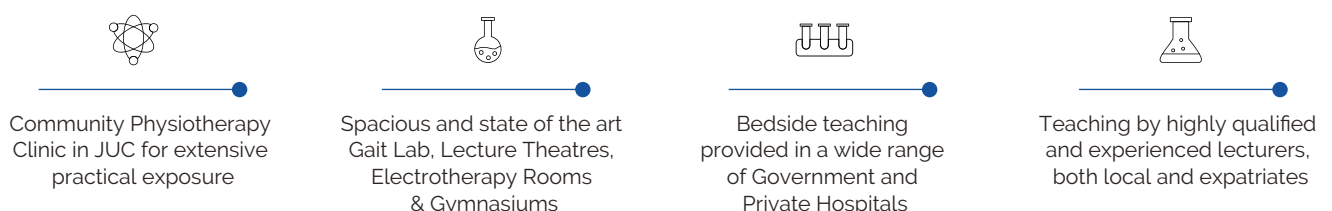
OBJECTIVES

The physiotherapy graduates will be able to integrate knowledge and skills competently; develop critical thinking and problem solving skills for making effective clinical decisions; demonstrating professionalism and good communication skills.

PROGRESSION PATHWAY



WHY STUDY AT MAHSA



PROGRAMME STRUCTURE

Year 1

Functional & Applied Anatomy of Musculoskeletal System I
Functional & Applied Anatomy of Musculoskeletal System II
Communication
Professional Development
Exercise Therapy & Handling Skills
Electrotherapy
Applied Anatomy and Physiology of Cardiorespiratory System
English for Academic Purposes English for Academic Writing
Clinical Exposure
U1 - TITAS / U1 - Malaysian Studies 3
U1 - Hubungan Etnik / U1 - Bahasa Komunikasi 2

Year 2

Manual Skills in Physiotherapy
Applied Anatomy and Physiology in Neurology
Physiotherapy Practice in Musculoskeletal I
Physiotherapy Practice in Musculoskeletal II
Physiotherapy Practice in Cardiorespiratory Conditions
Physiotherapy Practice in Neurology I
Research Methods I
U2 - Entrepreneurship
U3 - Youth Development
Clinical Practice I

Year 3

Physiotherapy Practice in Musculoskeletal III
Physiotherapy Practice in Neurology II
Physiotherapy Practice in Women's Health
Research Methods II
Clinical Reasoning & Evidence Based Practice
Physiotherapy Practice in Paediatrics
Physiotherapy Practice in Geriatrics
U4 - Community Work
Clinical Practice II

Year 4

Physiotherapy Practice in Sports
Physiotherapy Practice in Occupational Health
Clinical Practice III
Elective Placement/Research Project

TEACHING HOSPITALS

Hospital Kuala Lumpur
Hospital Rehabilitasi Cheras
Hospital Klang
Hospital Melaka
Hospital Kuantan
Hospital Kuala Terengganu
Hospital Kajang
Hospital Selayang
Hospital Ampang
Hospital Teluk Intan
Hospital Kuala Kubu Bharu
Hospital Tanjung Karang
Hospital Sabak Bernam
Hospital Jengka
Hospital Kuala Lipis
Hospital Kuala Pilah
also Private Hospitals, Clinics, Geriatric Homes
and Paediatric Speciality Centres

CAREER PROSPECTS

Public/Private Hospitals
Spine & Joint Centers
Sports Physiotherapy Clinics
Community & Rehabilitation Centers
Spastic Children Homes
Nursing Homes, Disabled & Elderly Homes
Fitness and Wellness Centers
Sales Personnel in Equipment Companies

ENTRY REQUIREMENTS

ACADEMIC QUALIFICATIONS

i) Obtained MUET Band 3 or IELTS (5.5)/TOEFL (550)

AND

Pass Matriculation/Pre-University/STPM programme or equivalent qualification with minimum GPA 2.33 in TWO of the following subjects:
• Biology • Physics/Mathematics • Chemistry

OR

A-Level programme or equivalent qualification with minimum Grade D in TWO of the following subjects:
• Biology • Physics/Mathematics • Chemistry

OR

Recognised Diploma with minimum CGPA of 2.75 in related field;

OR

Recognised Diploma with CGPA less than 2.75 in related field and a minimum of 3 years (36 months) working experience in the related field.

English proficiency for foreign student
Candidate should obtain IELTS (5.5)/TOEFL (550) paper-based or equivalent.

ADVANTAGES

QUALITY

The Bachelor of Physiotherapy (Hons) ODL mode is designed in consultation with a panel of local and international experts with emphasis on graduate readiness for the practice. The curriculum combines theory and practical sessions. The students are given opportunities to apply the theoretical knowledge to the clinical situation in physiotherapy centres, rehabilitation centres, hospitals, elderly home, sport clubs.

CLINICAL EXPOSURE

Students of the Bachelor of Physiotherapy (Hons) ODL

mode gain experience in various clinical facilities covering all disciplines.

AFFORDABLE

Tuition fees for the Bachelor of Physiotherapy (Hons) ODL mode is affordable to ensure opportunity given to those who want to avail quality education.

RECOGNITION

The Bachelor of Physiotherapy (Hons) ODL mode is provisionally accredited by the Malaysian Qualifications Agency and Ministry of Higher Education, Malaysia



The Habitat



Library



Computer Lab



Therapeutic Ultrasound Application



Physiotherapy Gym 1



Physiotherapy Gym 2



MAHSA UNIVERSITY

Jalan SP2, Bandar Saujana Putra, 42610 Jenjarom, Selangor, Malaysia

Contact us: ☎ 1800-88-0300 📞 +603-5102 2327 📠 +603-7931 7118

✉ marketing@mahsa.edu.my 🌐 www.mahsa.edu.my

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